MR. OLYMPIA PRO CYCLE - LEVEL II

42-DAY STRUCTURED PLAN

DAY	TESTOSTERONE PROPIONATE	DROSTANOLONE PROPIONATE	TRENBOLONE ACETATE	OXANDROLONE	FLUOXYMESTERONE	CLENBUTEROL	TAMOXIFEN	ANASTRAZOLE	MESTEROLONE	HGH
1	50 mg	50 mg	50 mg	30 mg daily		2 mcg daily	10 mg daily	1 mg daily	25 mg daily	6 IU
2				30 mg daily		2 mcg daily	10 mg daily		25 mg daily	6 IU
3	50 mg	50 mg	50 mg	30 mg daily		2 mcg daily	10 mg daily	1 mg daily	25 mg daily	6 IU
4				30 mg daily		2 mcg daily	10 mg daily		25 mg daily	6 IU
5	100 mg	100 mg	100 mg	30 mg daily		2 mcg daily	10 mg daily	1 mg daily	25 mg daily	6 IU
6				30 mg daily		2 mcg daily	10 mg daily		25 mg daily	6 IU
7	100 mg	100 mg	100 mg	40 mg daily		4 mcg daily	10 mg daily	1 mg daily	25 mg daily	6 IU
8				40 mg daily		4 mcg daily	20 mg daily		25 mg daily	6 IU
9	100 mg	100 mg	100 mg	40 mg daily		4 mcg daily	20 mg daily	1 mg daily	25 mg daily	6 IU
10				40 mg daily		4 mcg daily	20 mg daily		25 mg daily	6 IU
11	100 mg	100 mg	100 mg	40 mg daily		4 mcg daily	20 mg daily	1 mg daily	25 mg daily	6 IU
12				40 mg daily		4 mcg daily	20 mg daily		25 mg daily	6 IU
13	100 mg	100 mg	100 mg	40 mg daily		4 mcg daily	20 mg daily	1 mg daily	25 mg daily	6 IU
14				50 mg daily		6 mcg daily	20 mg daily		25 mg daily	6 IU
15	100 mg	100 mg	100 mg	50 mg daily	20 mg daily	6 mcg daily	20 mg daily	1 mg daily	50 mg daily	6 IU
16				50 mg daily	20 mg daily	6 mcg daily	20 mg daily		50 mg daily	6 IU
17	100 mg	100 mg	100 mg	50 mg daily	20 mg daily	6 mcg daily	20 mg daily	1 mg daily	50 mg daily	6 IU
18				50 mg daily	20 mg daily	6 mcg daily	20 mg daily		50 mg daily	6 IU
19	100 mg	100 mg	100 mg	50 mg daily	20 mg daily	6 mcg daily	20 mg daily	1 mg daily	50 mg daily	8 IU
20				50 mg daily	20 mg daily	6 mcg daily	30 mg daily		50 mg daily	8 IU
21	100 mg	100 mg	100 mg	50 mg daily	20 mg daily	8 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
22				50 mg daily	25 mg daily	8 mcg daily	30 mg daily		50 mg daily	8 IU
23	100 mg	100 mg	100 mg	50 mg daily	25 mg daily	8 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
24				50 mg daily	25 mg daily	8 mcg daily	30 mg daily		50 mg daily	8 IU
25	100 mg	100 mg	100 mg	50 mg daily	25 mg daily	8 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
26				50 mg daily	25 mg daily	8 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
27	100 mg	100 mg	100 mg	50 mg daily	25 mg daily	8 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
28				50 mg daily	25 mg daily	8 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
29	100 mg	100 mg	100 mg	50 mg daily	30 mg daily	10 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
30				50 mg daily	30 mg daily	10 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
31	100 mg	100 mg	100 mg	50 mg daily	30 mg daily	10 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
32				50 mg daily	30 mg daily	10 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
33	100 mg	100 mg	100 mg	50 mg daily	30 mg daily	10 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
34				60 mg daily	30 mg daily	10 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
35	100 mg	100 mg	100 mg	60 mg daily	30 mg daily	10 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
36				60 mg daily	30 mg daily	12 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
37	100 mg	100 mg	100 mg	60 mg daily	30 mg daily	12 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
38				60 mg daily	30 mg daily	12 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
39	100 mg	100 mg	100 mg	60 mg daily	30 mg daily	12 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU

40				60 mg daily	30 mg daily	12 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
41	100 mg	100 mg	100 mg	60 mg daily	30 mg daily	12 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU
42				60 mg daily	30 mg daily	12 mcg daily	30 mg daily	1 mg daily	50 mg daily	8 IU